

DO YOU KNOW? HAVE YOU HEARD?

“The Lord is the everlasting God, the Creator of the ends of the earth. He will not grow tired or weary, and his understanding no one can fathom. He gives strength to the weary and increases the power of the weak. Even youths grow tired and weary, and young men stumble and fall; but those who hope (wait on) in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.”

(Is.40:28-31 NIV)

The prophet yells to us down through the ages; don't you know? Haven't you heard? This is really important! The God of the Bible is the one and everlasting God. He created all we see around us. Then he gives us some clear understanding about things that touches all our lives; tiredness and weariness!

First, God never gets tired or weary! (V28) I relate this to natural tiredness and mental weariness. God is never that way. What a wonderful thing to know. God never gets a “bad attitude.” **He is never frustrated about people or circumstances.**

Second, He helps those who are weary and weak. He is not in the criticizing business; he wants to help. He is superior, but not critical. **He is ready and willing to give strength and help to the needy.** (V29)

Third, all of us get naturally tired and mentally weary. The best of us can and do have this problem many times. **Young men, the best we have to offer, stumble and fall.** We just don't have what it takes much of the time. Let's be honest! (V30)

Finally, the wonderful promise! **Those who hope in or wait upon the Lord are promised renewed strength.** We can mentally soar like the eagles. They will run and walk and not “run out of gas.” They will be renewed so they can persevere in their purpose. Their strength and power are coming from God himself. Here is the key to the promise fulfilled. **This encourages us to trust, wait and put our hope in God.** (V31)